

CIE THEATRE MODERNE

"THE INCREDIBLE ADVENTURE OF KING EMIR"

"HET ONGELOOFLIJK AVONTUUR VAN KONING EMIR"
THE EDUCATIONAL PROJECT

arts education and cultural actions around the clown and
theater show

CREATION 2022

3 VERSIONS : STREET - THEATER - CULTURAL ACTIONS

Duration : 45 min - From 4 years



SHOW "THE INCREDIBLE ADVENTURE OF KING EMIR", PARC DE LA LÉGION D'HONNEUR, SAINT-DENIS 2022

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THE EDUCATIONAL PROJECT

SYNOPSIS of the show

"THE INCREDIBLE ADVENTURE OF KING EMIR" Artistic collaboration and co-direction : Cecile Rist

It's history of a king... in search for his people...
of a fiery horse... of a lonely king...
of a terrifying dragon... of a merciless fight...
of a clumsy king... of devouring sorrow...
of a dance to life... of a stunning friendship...
with a taste dangerous for power... of a desire for freedom...
of a king who finds his people or not...



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4 THEMES :

With the show and through workshops of improvisation, theatrical and clownesque play, the participants will discover with pleasure the clownesque and theatrical universe. We can address the following 4 axes:

1. Pleasure of body expression and emotions
2. Making up stories with the clown
3. Exploring your solitude and knowing how to meet others
4. Explore one's relationship to power, authority, one's own power to put it at the service of connection and encounter

It is interesting and useful to ask about one's relationship to one's body, emotions and also to question one's relationship to power and authority and loneliness. These questions are universal and very interesting for children and adolescents to address them in a playful setting and through art and artistic practice.

GENERAL OBJECTIVES

- Create a space for openness, communication, awakening and meetings
- Allow the child/teenager, or even adult, to participate in a theatrical and clownesque artistic approach allowing him to discover himself, explore and experiment
- Build confidence, increase self-esteem and develop caring listening
- To become aware of one's energy, limits, potentials and responsibility for dialogue and power.
- Fostering autonomy and at the same time becoming aware of interdependence



SHOW "THE INCREDIBLE ADVENTURE OF KING EMIR", ESPACE DES POSSIBLES JULY 2022

TEACHING TOOLS :

On the one hand the representation of the show and on the other hand, the following tools are used in the service of artistic education and cultural activities during the workshops: Techniques of clown, improvisation theatre, Communication NonViolente, role-playing and games

The clown is a theatre and circus character who dreams of being in touch with himself, with his emotions and his body and to be in touch with others. He uses his body, his gestures, his creativity and his humanity to live the present moment and address the difficulties of being human and welcome them with joy.

The NoViolent Communication process is a tool to create a benevolent relationship between human beings and to accompany them in finding benevolent communication strategies where each being is taken into consideration.

EDUCATIONAL OBJECTIVES

- Learning to be aware of your energy, attitudes and behaviours
- Discover the strength of your voice and put it at the service of the relationship
- Know the rules of the clown and dare to be you
- Discover her body
- Explore and express emotions and feelings
- Going out to meet the other person, listening to them and being in a group
- Fostering responsibility and autonomy
- Become aware of your behaviours, body and gestures
- Gaining critical thinking and awareness
- Embracing difference and the difference of others
- Knowing how to differentiate the game from reality and the character of your person

SPECTACLE "THE INCREDIBLE ADVENTURE OF KING EMIR", PARC DE LA LÉGION D'HONNEUR, SAINT-DENIS 2022



VIDEOS

The shows can be played outside as a schoolyard, leisure centre or in a theatre room.

VIDEO The incredible adventure of king Emir: <https://youtu.be/d60Z8ap2oFw>

VIDEO film testimonials and intention of the show : <https://youtu.be/IEcD0FYNpkc>

VIDEO clown number "Trombine Royale" : <https://youtu.be/T0F3iQVNeCo>

THE 4 THEMES



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1 &2 PLEASURE OF BODY EXPRESSION AND EMOTIONS & MAKING UP STORIES WITH THE CLOWN

"The clown is a way of getting out of everyone what, without this opportunity, will remain hidden." (inspired by Peter Brook)

The initiation of children, young or old, to the clown and the theatre allows them to try a practice that engages body and mind.

The clown allows us to express emotions, to share them and to play them. It allows us to have access to what is happening inside so that we can share it with the public and be welcomed as we are. At the same time, the invention of stories and characters allows to develop his imagination.



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3. EXPLORING YOUR SOLITUDE AND KNOWING HOW TO MEET OTHERS

It is interesting to use the distance allowed by the clown game to bring children or adolescents to evoke their lives, their joys and worries on a daily basis.

One of the problems of their daily life, solitude, is approached through body and speech.

The practice of the clown and the theatre makes it possible to test another way of communicating through role plays.

It can reveal how each one can become creator of the world in which he wishes to live, whether he wants to and how one can welcome each other with his share of solitude.



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4. EXPLORE ONE'S RELATIONSHIP TO POWER, AUTHORITY, ONE'S OWN POWER TO PUT IT AT THE SERVICE OF CONNECTION AND ENCOUNTER

It is interesting to reflect on the different relationships that exist between power, authority, submission or rebellion.

How can one embody power without using power to the detriment or service of others?

How to play with power while keeping a distance?

How can we de-identify ourselves and no longer embody power, become aware of it to detach ourselves from it and play with it?

Question one's power and authority and differentiate them with the power that everyone has in us.

Participants will integrate into a creative process and at the same time explore the limits of power and freedom.

Here the turn of speech, role plays or experimentation by the clown will be welcome.

WORKSHOP BY AGE

4 TO 6 YEARS - 1 HOUR

The child develops his creativity, his relationships with others. He apprehends the relationship to emotions, and his body

Key objectives : raising children's awareness of others, listening and self-expression and discovery through play

6 TO 12 YEARS – 1H30

The workshops work on the notion of encounter: alone, pairs, semi-group and group in order to promote openness to the other and the discovery of oneself and the other. Proposal of improvisation time, creation and development of their creativity and imagination and at the same time the themes of pleasure of emotions and body or solitude and power can be approached in a playful way and through play.

Key objectives : learning to channel energy, listening, knowing how to work alone - and live it well- and with others, self-expression and place in the group

8 TO 12 AND 9 TO 15 YEARS – 1H30

Address the theme of loneliness, “power with and on” in order to create sketches or shows

Key objectives : invest themes, body and play and create together.

16 TO 18 YEARS OR ADULTS– 1H30 TO 2 HOURS

The workshop seeks above all to meet their desires around the themes and clown/theater

Key objectives : to channel emotions, to accept the gaze of others, to develop their critical sense, to work together, to offer a space of speech and exchange, even of autonomy and responsibility, and to develop self-confidence, acceptance of oneself and of the other thanks to the clown.

Other themes can be addressed, such as: managing emotions, one's own anger, violence, caring, turning judgments into empathy, listening and empathy, taking care, identifying the impact of emotions in the body

SESSION CONTENT BY AGE OF PARTICIPANTS

Warm-up, movement, body expression, voice and emotional; discovery of inner space (body) and outer space, theatrical, playful, collective and discovery games, empathy and expression, work on energies.

Creation time, relaxation game, back to calm, stretching and time for exchanges. The exercises allow us to connect, to live a cohesion and to understand ourselves differently. Clown walk, clown entrance, voice expression, disguise and make-up, games on rhythms and characters with their favorite themes.

Sessions can also combine other skills such as dance, singing, circus, music or other arts or knowledge.

The purpose of the sessions can lead to a presentation of sketches or mini-shows, while learning the rules of creation or just being a place to let go.

TEACHERS, EDUCATORS OR EMPLOYEES

So that adults can accompany children and adolescents, it is also interesting to question the relationship to authority, the use of its power, and how to align the intention to privilege the relationship before any action.

Here we can experiment through situations, the different relationships with young people and practice different ways to enter into relationships or support the exchange, in a clear and benevolent setting.



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ORGANISATIONAL RESOURCES

The duration of the workshops varies according to the age of the participants. The workshops are led by a clown actor, or a philosophy teacher or a clown or theatre director.

The workshops run during the school period from October to June or during the holidays as part of a show. It will be accompanied by a show before or after the workshops.

METHOD OF CONSULTATION AND EVALUATION

The teacher and the clown-theatre speaker plan the pedagogical organization of the sessions, in conjunction with the class project, each bringing his professional lighting and the qualitative dimension of his competence.

The role of each person in running the workshop is defined by the teacher and the facilitator. Close cooperation between the two partners ensures that the project runs smoothly. This is why the teacher or educator actively participates in all sessions.



SPECTACLE "L'INCROYABLE AVENTURE DU ROI EMIR", PARC DE LA LÉGION D'HONNEUR, SAINT-DENIS 2022

INTERVENTION AND COST

The specificities and content of the project (theme, objectives, duration, cost, etc.) are defined in collaboration with the teacher, and recalled in a contract document.

The sessions are weekly or monthly and can take place on school time but also on horseback between the meridian break and the early afternoon.

The hourly cost is based on a tariff to be defined to which may be added costs related to the project itself or the purchase of gaming equipment.

ISTVAN VAN HEUVERZWYN

Istvan is an actor and clown. He began his theatrical studies in 1994 with Marcel Marceau, to continue with Jacques Lecoq, also studying in 2007 at Samovar, then during 6 months with Gabriel Chamez in Madrid and also workshops with Ami Hattab, where the name of his clown was born: Emir. He becomes a professional actor in 1996, and in 2008 started also to work as a trainer for 12 years to return to play in 2020.

He puts on some clown numbers such as: El number, clown show -tango, A fashion show, and he worked also an assistant to André Riot-Sarcey's « Les 7 clowns sur un fil » or directed his own plays like the » TeaWay « , initiatory tale which was also performed in India.

In addition, he has been teaching clowning and doing research for about 20 years. The eternal question comes back : How can clown work support human development and social change ?



CONTACT

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